

# GoodLife Health & Wellness FITNESS Leadership Summit



DR. BILL  
HOWATT



TIM  
MAGWOOD



LISA  
TSAKOS



KEITH  
MACPHERSON

**April 5, 2018**  
**9AM-4PM**

Halifax Convention Centre

## CPHR New Brunswick Member Registration Offer – Save 40%

Available to the first 20 Registrants

We are pleased to inform you that the GoodLife Fitness Health & Wellness Leadership Summit will take place at the Halifax Convention Centre on Thursday April 5, 2018 from 9am – 4pm! For a limited time, members and guests of **CPHR NB** are eligible to register and **save 40%** off the regular conference fee!

Guest speakers and topics include:

- **Dr. Bill Howatt;** Author, Chief Research & Development Officer, Workforce Productivity, Morneau Shepell Inc.  
**Topic: Mental Health & the Coping Crisis**  
Practical skills for employers and employees to deal effectively with work related and environmental pressures
- **Tim Magwood;** Master Storyteller and Catalyst at Mark of a Leader  
**Topic: Leadership Skills for the Future**  
The art of storytelling to improve communication and enhance organizational effectiveness
- **Lisa Tsakos;** Registered Holistic Nutritional Consultant and Corporate Wellness Speaker  
**Topic: Food, Nutrition & Building a Healthy Workplace**  
Eating to optimize productivity, reduce stress and improve well-being
- **Keith Macpherson;** Mindfulness Expert & Author  
**Topic: Making Sense of Mindfulness**  
The power mindfulness to improve focus, enhance creativity and build resiliency

**Registration Special:** Offer available to the first 20 Registrants!

**Option One:** General Ticket (includes full day conference and refreshments): Register for only \$169 a ticket (Regular \$249)

**Option Two:** (Most Popular): Purchase 2 tickets and receive the 3<sup>rd</sup> ticket free! (Limited time offer)

**How to Register:** [Click here](#) and use Promo Code **CPHRNB** or call Toll-Free 1 877 348-8742 Ext. 230

Please add 15% HST per transaction. All sales are final. Tickets are transferable.